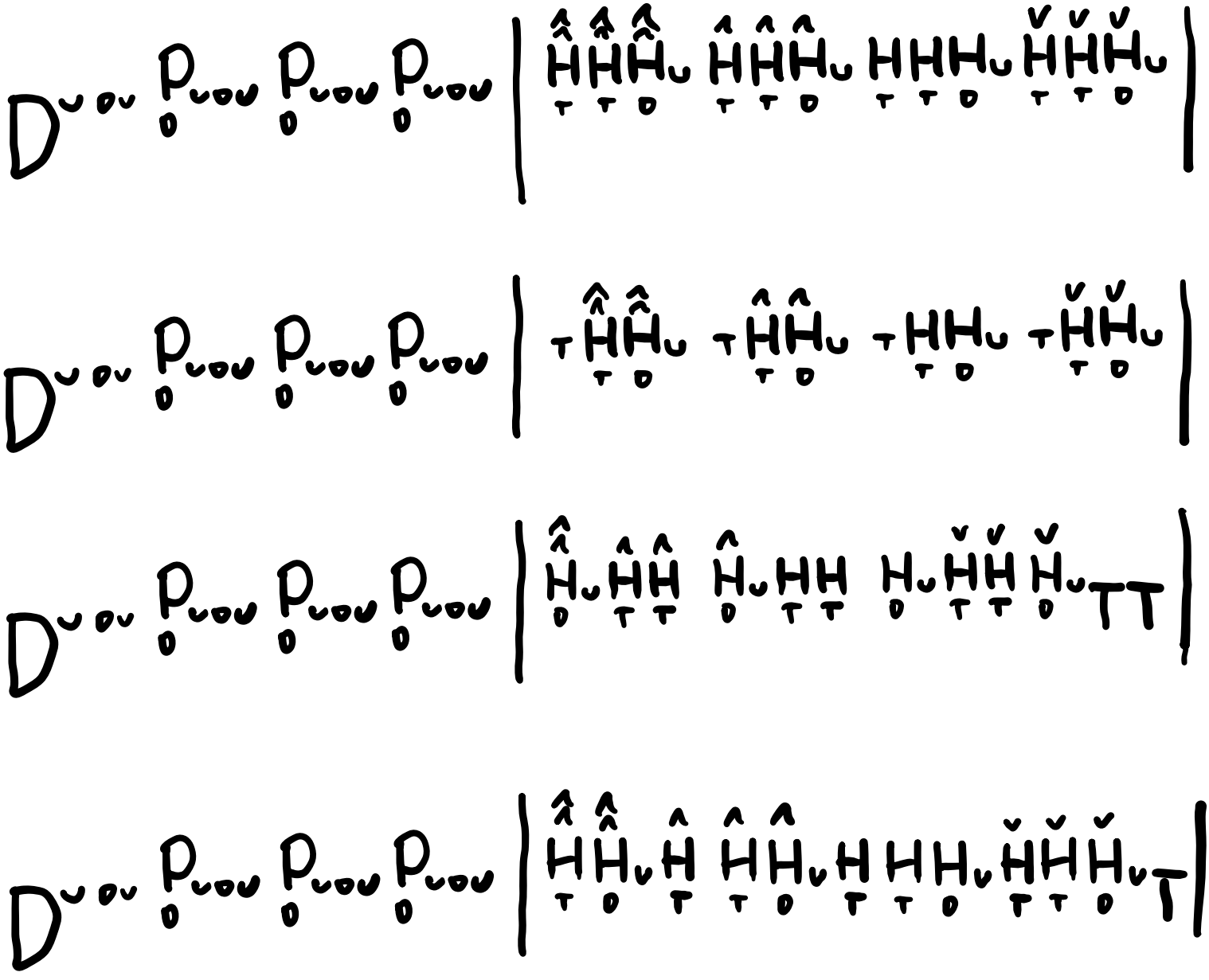Triple-Down Voicing Exercise